

# FARRAGUT HIGH SCHOOL SUMMER READING

Choose one book from this list that you are interested in reading.

Then complete the assessment and relax!  
Have a great summer!

**SEE MS. MATTHEWS FOR MORE INFORMATION!**

Rising freshmen will read **ONLY**  
The Seven Habits of Highly Effective Teens  
By: Sean Covey

## ***RISING FRESHMEN:***

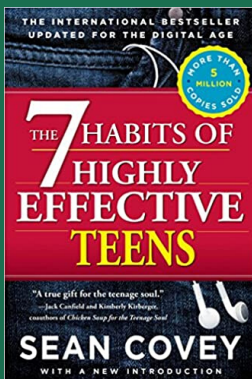
The Seven Habits of Highly Effective Teens

By: Sean Covey

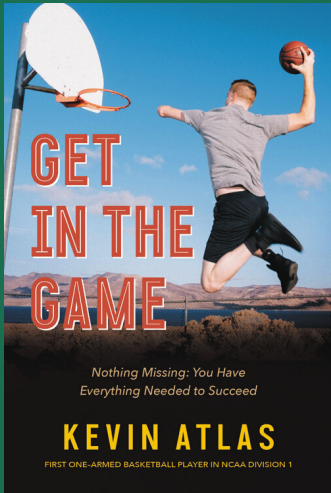
Pricing: \$8.99 on Amazon

Synopsis: Covey provides a step-by-step guide to help teens improve self-image, build friendships, resist peer pressure, achieve their goals, and much more.

Potentially Controversial Content:  
sensitive issues discussed



# SOPHOMORE - SENIOR LIST



## Get in the Game

By: Kevin Atlas

Pricing: \$11.94 on Amazon

Synopsis: Kevin doesn't encourage readers to simply accept and live with their challenges, hurts, and losses. He spurs them on to believe any weakness can, in reality, become the one thing that propels them to achieve their greatest potential. As Kevin has learned throughout his life, you can't win if you don't get in the game!

Potentially Controversial Content: religious viewpoint

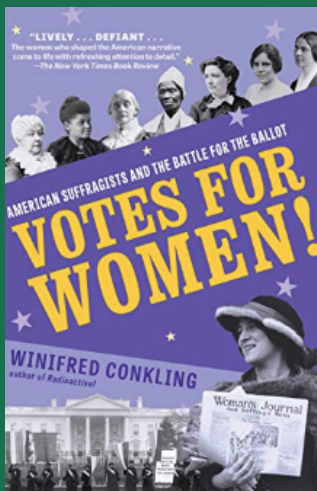
## Votes for Women!: American Suffragists and the Battle for the Ballot

By: Winifred Conkling

Pricing: \$12.69 on Amazon

Synopsis: Ratification of the 19th Amendment was the culmination of an almost 80-year fight in which some of the fiercest, most passionate women in history protested, and sometimes broke the law in to achieve this huge leap toward equal rights.

Potentially Controversial Content: racism, horrors of slavery, discussion free love relating to Victoria Woodhull, & historic controversy in context



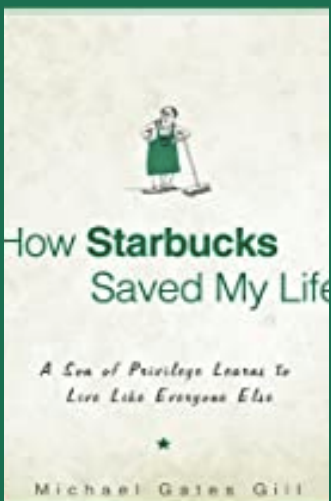
## How Starbucks Saved My Life: A Son of Privilege Learns to Live Like Everyone Else

By: Michael Gill

Pricing: \$16.75 on Amazon

Synopsis: For the first time in his life, Gill was a minority: the only older white guy working with a team of young African-Americans. He was forced to acknowledge his ingrained prejudices and admit to himself that, far from being beneath him, his new job was hard.

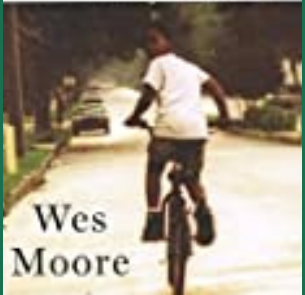
Potentially Controversial Content: racism, extramarital affair, suicide of family member



## The Other Wes Moore

One Name, Two Fates

"Big and evocative... a compelling and life-changing" —*Kirkus*  
"A moving book... well written" —*Chicago Tribune*



## The Other Wes Moore

By: Wes Moore

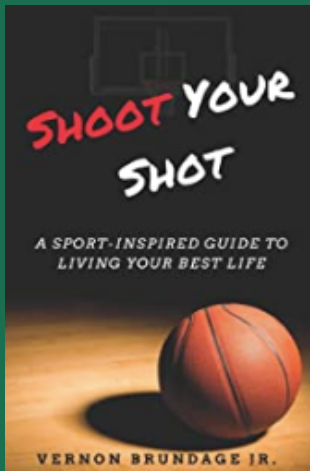
Pricing: \$16.29 on Amazon

Synopsis: Two kids with the same name lived in the same decaying city. One went on to be a Rhodes Scholar, decorated combat veteran, White House Fellow, and business leader. The other is serving a life sentence in prison. Here is the story of two boys and the journey of a generation.

Potentially Controversial Content: Racism, gang violence, teen pregnancy, distributing/dealing/manufacturing drugs

## Shoot Your Shot: A Sport-Inspired Guide to Living Your Best Life

By: Vernon Brundage Jr.



Pricing: \$13.94 on Amazon

Synopsis: 'Shoot Your Shot' identifies the key principles that the world's most elite basketball players have applied to their lives and explains in detail how you can use those same exact principles to help you navigate through life, accomplish your goals, and realize your dreams.

Potentially Controversial Content: religious viewpoint

## Girling Up: How to Be Strong, Smart, and Spectacular

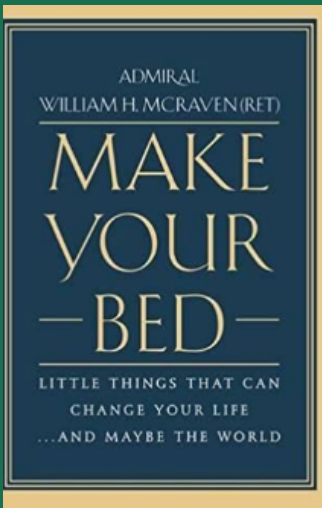
By: Mayim Bialik



Pricing: \$10.65 on Amazon

Synopsis: Using scientific facts, personal anecdotes, and wisdom gained from the world around us, Mayim Bialik, star of The Big Bang Theory, shares what she has learned from her life.

Potentially Controversial Content: explanations of sexuality and puberty



## Make Your Bed: Little Things That Can Change Your Life...and Maybe the World

By: Admiral William H. McRaven

Pricing: \$11.48 on Amazon

Synopsis: Taking inspiration from the University of Texas at Austin's slogan, "What starts here changes the world", McRaven shares the 10 principles he learned during Navy SEAL training that helped him overcome challenges not only in his training and long Naval career, but also throughout his life.

Potentially Controversial Content: none cited



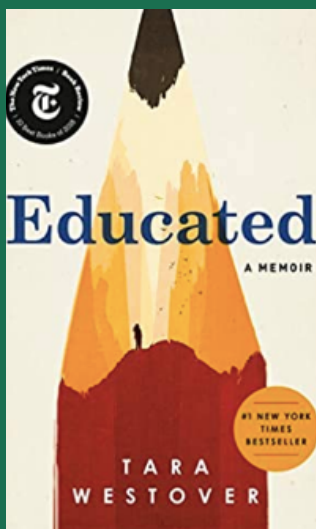
## Very Good Lives: The Fringe Benefits of Failure and the Importance of Imagination

By: J.K. Rowling

Pricing: \$13.23 on Amazon

Synopsis: Drawing from stories of her own post-graduate years, the world famous author addresses some of life's most important questions with acuity and emotional force.

Potentially Controversial Content: brief LGBTQ mention



## Educated: A Memoir

By: Tara Westover

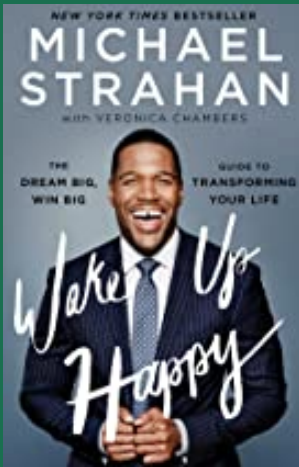
Pricing: \$15.17 on Amazon

Synopsis: Born to survivalists in the mountains of Idaho, Tara Westover was 17 the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education and no one to intervene when one of Tara's older brothers became violent. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University.

Potentially Controversial Content: abuse in several forms

## Wake Up Happy: The Dream Big, Win Big Guide to Transforming Your Life

By: Michael Strahan



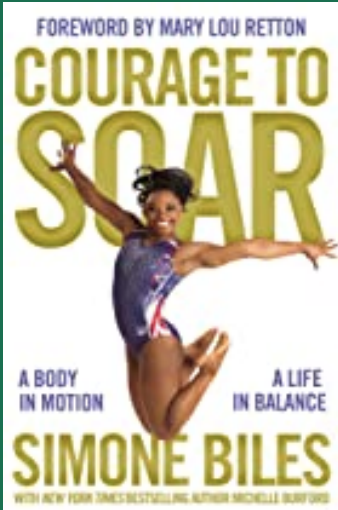
Pricing: \$15.02 on Amazon

Synopsis: America's favorite football player turned morning talk show host, Michael Strahan, reads his book of motivational advice on how to turn up the heat and go from good to great in pursuit of your personal ambition.

Potentially Controversial Content: none cited

## Courage to Soar: A Body in Motion, a Life in Balance

By: Simone Biles



Pricing: \$10.79 on Amazon

Synopsis: Simone Biles' entrance into the world of gymnastics may have started on a day-care field trip in her hometown of Spring, Texas, but her God-given talent, along with her drive to succeed no matter the obstacle, are what brought her to the national spotlight during the Olympic games.

Potentially Controversial Content: racism, minor violence, mention of drug abuse, and religious viewpoint

*Have a safe and happy summer!*